



ABOUT FAMILY SERVICE

Family Service is an independent, non-profit counseling center that provides state-of-the-art psychotherapy, education, and advocacy services to anyone needing help across life's continuum - every age, every stage.

COUNSELING, EDUCATION & ADVOCACY SERVICES

- Counseling & therapy
- Parenting classes & coaching
- Therapeutic wellness practices
- Abuse prevention
- School-based counseling
- Child advocacy



WAUKESHA CLINIC

2727 N Grandview Blvd
Suite 200, 203, 205
Waukesha, WI 53188

Center for the Prevention of
Family Violence

Children's Place Clinic
262.544.9622

Administrative Offices
262.547.5567

THE BIG YELLOW HOUSE

726 N. East Avenue
Waukesha, WI 53186

The C.A.R.E. Center
262.522.3680

OCONOMOWOC CLINIC

175 E. Wisconsin Avenue
Suite H
Oconomowoc, WI 53066
262.567.4455

BILLING SERVICES

262-522-6439

FSWAUKESHA.ORG



School-Based Mental Health Services



Why Offer School Based Services?

For many families, accessing mental health care is difficult. School-Based professional counseling services are a collaboration between schools and professional community counseling providers. We work together to provide easier access by bringing professional counseling services on site in schools. School professional counselors offer confidential assessments, interventions and counseling services to help students address and overcome mental, emotional and behavioral issues that may be interfering with personal, family, interpersonal or school success.

Why are School-Based Services Important?

For young people to succeed and excel in school they need to be healthy. Students who struggle with things like anxiety, ADHD, stress, worry, sadness, peer issues or learning challenges do not function well at home or school. When these issues are not addressed, they may result in family problems, absences, suspensions and substance abuse. The chronic stress and discomfort of these impairments negatively affect the developing brain and can lead to more serious mental and physical health problems in adulthood.



counseling . support . compassion

School-Based Services Provided

Services begin with an individual student need assessment. Treatment goals are established that are unique to each student's individual needs, with input from parents. Methods used to help students achieve treatment goals may include:

- Weekly individual therapy sessions
- Family therapy and support
- Teacher consultation on specific student needs (requires parental consent)
- Information and referral to community resources

Commonly Addressed Concerns

- Anxiety
- Depression
- Stress
- ADHD
- Self-esteem
- Anger
- Bullying
- Behavioral Concerns
- Academic struggles
- Family problems
- Adjustment issues
- Transitions
- Peer relationships
- Emotional regulation
- Focus and redirection
- Trauma

Experience You can trust

Family Service has been providing professional counseling services in local public school districts since 2009. Our school team consists of experienced, licensed therapists who specialize in working with children, adolescents and teens. The services provided to students in schools are the same as those provided in our three Waukesha County outpatient clinics located in Oconomowoc, the City of Waukesha and at the Child and Family Clinic in the Big Yellow House.

How Can I Access Services?

Mental Health Services are available in select schools in these school districts:

- Elmbrook School District
- Kettle Moraine Schools
- Oconomowoc Area Schools
- Waukesha Public Schools
- Palmyra—Eagle School District
- New Berlin Schools

For information about Mental Health Services at your school contact Family Service at:

PHONE : 262-547-5567

Family Service Mental Health Professionals accept most private health insurance plans, Medicaid and client payments. Exceptions may apply in some school districts. Income-based financial hardship discounts are available.

For more information about School-Based Mental Health Services contact Family Service by phone at 262-547-5567