

November Fun Facts



Palmyra Eagle Area Schools



Monday

Tuesday

Wednesday

Thursday

Friday

			<p>1</p> <p>Steamed orange carrots are on the menu today. Did you know that carrots can also be purple, red, white and yellow?</p>	<p>2</p> <p>Potatoes first appeared in Europe in 1586 and made their way to North America in 1719. The potatoes on today's menu are French fries.</p>
<p>5</p> <p>Cucumbers contain vitamins B1, B2, B5, B6, folic acid, vitamin C, Calcium, Iron, Magnesium, Phosphorus, Potassium and Zinc. Be sure to include some cucumber slices in your lunch today.</p>	<p>6</p> <p>Approximately 5 billion pizzas are sold worldwide each year. Today we have pepperoni pizza for a lunch choice.</p>	<p>7</p> <p>Corn is one of the vegetable choice for lunch today. Did you know that an average ear of corn has 800 kernels in 16 rows?</p>	<p>8</p> <p>Did you know that cranberries are a good source of vitamin C? Vitamin C helps keep your bones, eyes and skin healthy. Have some cranberries with your lunch today!</p>	<p>9</p> <p>What is King Kong's favorite fruit? Ape-ricots. Have some with your lunch today. Maybe they'll be your favorite too!</p>
<p>12</p> <p>Baby carrots are one of the vegetable choices for today's lunch. Did you know that carrots are 88% water?</p>	<p>13</p> <p>Each day, more than 31 million children participate in the National School Lunch Program. I hope you'll join us for lunch today!</p>	<p>14</p> <p>There are more than 2000 varieties of cheese available worldwide. Mozzarella is the cheese on our pizza today. It's a favorite around the globe</p>	<p>15</p> <p>A healthy chicken lays about 265 eggs each year. You can enjoy some of those eggs with your lunch today-omelets are on the menu.</p>	<p>16</p> <p>No School</p>
<p>19</p> <p>There are 25 billion chickens in the world and only 7 billion people. We certainly are outnumbered by our feathered friends!</p>	<p>20</p> <p>November is National Peanut Butter Lovers Month. If you're a peanut butter lover, you can celebrate with a PB&J Uncrustable for lunch today.</p>	<p>21</p> <p>No School</p>	<p>22</p> 	<p>23</p> <p>No School</p>
<p>26</p> <p>You can have spinach salad with your lunch today. Spinach is an excellent source of vitamins K, A B1, B2, B6,E,C calcium, potassium, zinc, protein, iron, magnesium and manganese.</p>	<p>27</p> <p>Today we have strawberries on the menu. Did you know that an average strawberry has around 200 seeds?</p>	<p>28</p> <p>The chicken alfredo for today's lunch is served with rotini shaped pasta. Did you know that there are more than 600 shapes of pasta worldwide?</p>	<p>29</p> <p>Pretty much all tomato varieties are red, although other colors are possible including green, black, brown, yellow, orange, pink, white and purple. We had red cherry tomatoes on the menu today.</p>	<p>30</p> <p>Q: Do fish go on vacation? A: No because they're always in school!</p>  <p>We have fish on the menu today.</p>