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February Fun Facts



Palmyra Eagle Area Schools







Monday

Tuesday

Wednesday

Thursday

Friday

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1</p> <p>Did you know that lettuce actually started out as a weed? I wish all of the weeds in my garden were that delicious! Have some weeds--I mean lettuce with your lunch today.</p>
<p>4</p> <p>Celery is on the menu today did you know that the seeds from celery are used as a spice?</p> 	<p>5</p> <p>Bell peppers come in many colors including green, red, purple, orange, yellow and brown.</p> <p>On today's menu we have red and green peppers.</p>	<p>6</p> <p>It is recommended that you eat five servings of fruit and/or vegetables each day. At lunch today you can four out of the five by eating french fries, carrots, cucumbers and pineapple.</p> 	<p>7</p> <p>Did you know that the US grows 743 million pounds of squash each year? We made 20 pounds for today's lunch.</p>	<p>8</p> <p>Lettuce is the second most popular vegetable in the US--potatoes are first. I hope you'll try some lettuce on your fajita today.</p>
<p>11</p> <p>Breaded Chicken Patties are on the menu today.</p> <p>Did you know that chickens can run 9 miles per hour?</p>	<p>12</p> <p>Q: What do you call a cold dog sitting on a bunny? A: A chili dog on a bun! Today we have chili dogs on the menu, but it's just a regular hot dog.</p>	<p>13</p> <p>A cow can produce 6 gallons of milk a day.</p> <p>Be sure to have some milk with your lunch today.</p> 	<p>14</p> <p>Q: What kind of flower should you never put in a vase? A: Cauliflower You should have some with your lunch today, though.</p>	<p>15</p> <p>Today we have pizza on the menu. Did you know that 3 billion pizzas are sold in the United States every day?</p> 
<p>18</p> <p>In ancient Greece, minor public officials were elected by drawing beans. The person who got the white bean, got the job. We have baked beans for lunch today.</p>	<p>19</p> <p>Honey is one of the ingredients in the mini corn dogs on today's menu.</p> <p>Did you know that worker bees visit 2 million flowers to make one pound of honey?</p> 	<p>20</p> <p>Did you know that a butterfly's taste buds are in it's feet? We'd all look pretty funny today, eating our mashed potatoes today with our feet!!!</p>	<p>21</p> <p>56% of Americans say that spinach is their favorite vegetable. Is it your favorite? Try some spinach salad at lunch today and see what you think.</p>	<p>22</p> <p>Today we have fish on the menu.</p> <p>Did you know that most fish cannot swim backward?</p>
<p>25</p> <p>No School</p>	<p>26</p> <p>Did you know that tomatoes are rich in lycopene, an antioxidant that is good for your heart? They are also packed with vitamins A and C, calcium and potassium. Have some on your burger or chicken patty today at lunch.</p>	<p>27</p> <p>Today we have corn on the menu.</p> <p>Did you know that in the days of the early settlers, corn was so valuable that it was used as money?</p> 	<p>28</p> <p>If you eat some Three Bean Salad for lunch today, you'll be eating healthy. Beans are a good source of vitamin B6, Iron, Magnesium, Potassium, Protein, vitamin C, Thiamin, Riboflavin, Niacin, Folate, Copper and Manganese--all in one salad!</p>	