



March Lunch Menu



Palmyra Eagle Area Schools




Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1 Mini Corn Dogs OR Quesadilla Pizza Baked Potato Wedges Carrot Coins, Cucumber Slices Mixed Fruit </p>
<p>4 Hamburger or Cheeseburger OR BBQ Rib on a Whole Grain Bun Oven Baked French Fries Steamed Green Beans, Cauliflower Pineapple Tidbits</p>	<p>5 Chicken Nuggets w/ Breadstick OR Sloppy Joe on a Whole Grain Bun Mashed Potatoes with Gravy Acorn Squash, Fresh Broccoli Dried Cranberries</p>	<p>6 WG Pancakes w/ Cheese Omelet OR Grilled Chicken Patty on WG Bun Hashbrowns, Steamed Cauliflower Celery with *Peanut butter Raisins, Orange Juice </p>	<p>7 Chicken Fajitas w/ Lettuce, Salsa, Tomatoes, Cheese, Sour Cream OR Whole Grain Chili Cheese Wrap Spanish Rice, Refried Beans Corn Niblets, Mixed Fruit </p>	<p>8 Cheese Stuffed Pizza Dippers OR Hot Dog or Chili Dog on WG Bun Salad with Choice of Dressings Cherry Tomatoes, Ital. Blend Veg. Diced Apricots</p>
<p>11 Breaded Chicken Patty on Bun OR Fish Sticks with WG Breadstick Spicy Curly Fries Vegetarian Baked Beans, Baby Carrots, Blueberries </p>	<p>12 Beef Stroganoff over Whole Grain Pasta w/ WG Breadstick OR Hot Dog on a Whole Grain Bun Steamed Peas, Fresh Cauliflower Red & Green Peppers & Grapes </p>	<p>13 State Fair Corn Dog OR *PB&J Uncrustables Campbell's Chicken Noodle Soup Fresh Cucumbers, Green Beans Pasta Salad & Applesauce Cups</p>	<p>14 Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream OR Beef and Bean Burrito Refried Beans, Corn Niblets Diced Pears </p>	<p>15 WG Waffle Stick with Omelet OR Breakfast Pizza Potato Smiles Steamed Carrot Coins, Broccoli Fruit Cocktail</p>
<p>18 Pizza Burger on WG Bun OR Chicken Rings w/ WG Roll Crispy Tater Tots Baked Beans , Cherry Tomatoes Tropical Fruit Cup </p>	<p>19 Creamy Chicken Alfredo over WG Pasta w/ Breadstick OR Mini Corn Dogs Steamed Broccoli, Three Bean Salad, Fresh Cauliflower Chilled Peaches</p>	<p>20 Salisbury Steak w/ WG Roll OR Breaded Pork Chopette w/ Roll Mashed Potatoes with Gravy WI Blend Veggies(& Squash-HS Fresh Brocc & Mandarin Orang </p>	<p>21 Beef Ravioli with WG Roll OR Cheese Stuffed Pizza Dippers Spinach Salad w/ Dressings Celery Stix & Baby Carrots Mixed Berries</p>	<p>22 Fish Stix with WG Breadstick OR Breaded Chicken Patty on a Bun Macaroni and Cheese California Blend Vegetables Cucumber Slices, Cinnamon Apple Slices </p>
<p>Spring Break</p>		<p>Elementary Lunches for September: 16 days x \$2.75=\$44.00 MS & HS Lunches for September: 16 days x \$3.00=\$48.00</p>	<p>To the best of our knowledge, items containing peanuts are marked with an *. This institution is an equal opportunity provider.</p>	<p>All Lunches served with a choice of milk: Skim White, Skim Chocolate or 1% White  Menu subject to change without notice.</p>