















# December Lunch Menu



## Palmyra Eagle Area Schools

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3</p> <p>Italian Meatball Sub on WG Bun OR Breaded Chicken Nuggets w/Roll Chicken Flavored Brown Rice Steamed Peas, Corn &amp; Tomato Salad, Applesauce with Cinnamon</p>	<p>4</p> <p>Grilled Chicken Patty on WG Bun OR Hamburger or Cheeseburger Potato Rounds Steamed Broccoli, Tomato Slices Chilled Peaches</p> 	<p>5</p> <p>Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream OR Beef and Bean Burrito Refried Beans, Corn Niblets Diced Pears</p> 	<p>6</p> <p>Tony's Pepperoni Pizza OR Sweet and Sour Chicken over Brown Rice w/ Whole Grain Roll Salad with Choice of Dressings, Cherry Tomatoes, Fresh Broccoli, Strawberries &amp; Bananas</p>	<p>7</p> <p>Mini Corn Dogs OR Quesadilla Pizza Baked Potato Wedges Carrot Coins, Cucumber Slices Mixed Fruit</p> 
<p>10</p> <p>WG Pancakes w/ Cheese Omelet OR Grilled Chicken Patty on WG Bun Hashbrowns, Steamed Cauliflower Celery with *Peanut butter Raisins, Orange Juice</p> 	<p>11</p> <p>Chicken Nuggets w/ Breadstick OR Sloppy Joe on a Whole Grain Bun Mashed Potatoes with Gravy Acorn Squash, Fresh Broccoli Dried Cranberries</p>	<p>12</p> <p>Beef Stroganoff over Whole Grain Pasta w/ WG Breadstick OR Hot Dog on a Whole Grain Bun Steamed Peas, Baby Carrots Red &amp; Green Peppers &amp; Grapes</p> 	<p>13</p> <p>Hamburger or Cheeseburger OR BBQ Rib on a Whole Grain Bun Oven Baked French Fries Steamed Carrot Coins, Cucumbers Pineapple Tidbits</p>	<p>14</p> <p>Chicken Fajitas w/ Lettuce, Salsa, Tomatoes, Cheese, Sour Cream OR Whole Grain Chili Cheese Wrap Spanish Rice, Refried Beans Corn Niblets, Mixed Fruit</p> 
<p>17</p> <p>Breaded Chicken Patty on Bun OR Fish Sticks with WG Breadstick Spicy Curly Fries Vegetarian Baked Beans, Baby Carrots, Blueberries</p> 	<p>18</p> <p>Cheese Stuffed Pizza Dippers OR Hot Dog or Chili Dog on WG Bun Salad with Choice of Dressings Cherry Tomatoes, Ital. Blend Veg. Diced Apricots</p>	<p>19</p> <p>WG Mini Waffles with Omelet OR Breakfast Pizza Crispy Tater Tots Steamed Carrot Coins, Cucumbers Fruit Cocktail</p>	<p>20</p> <p>Salisbury Steak w/ WG Roll OR Breaded Pork Chopette w/ Roll Mashed Potatoes with Gravy WI Blend Veggies(&amp; Squash-HS Fresh Brocc &amp; Mandarin Oranges</p>	<p>21</p> <p>State Fair Corn Dog OR *PB&amp;J Uncrustables Chicken Noodle Soup Fresh Cauliflower, Green Beans Pasta Salad &amp; Applesauce Cups</p> 
<p>24</p>	<p>25</p> 	<p>26</p>	<p>27</p>	<p>28</p> 
<p>31</p> 		<p>Elementary Lunches for December::: 15 days x \$2.75=\$41.25</p> <p>MS &amp; HS Lunches for December: 15 days x \$3.00=\$45.00</p>	<p>To the best of our knowledge, items containing peanuts are marked with an *.</p> <p>This institution is an equal opportunity provider.</p>	<p>All Lunches served with a choice of milk: Skim White, Skim Chocolate or 1% White</p>  <p>Menu subject to change without notice.</p>