

# The Panther Press

Palmyra-Eagle High School

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## Equality At HS Games

Mikayla Peardon  
Staff writer

Ever since I have been in high school, there has been a debate whether crowds are larger for boys or girls sporting events. The crowd affects the game just as much as the athletes do. They set the tone for the night, fight for the team when the referee blows their whistle at a bad call, and most importantly show their support and encouragement. Although athletes should always play their best, when there's a larger, involved crowd to play for, it is a lot easier to want to fight for the win. As a female athlete, it is discouraging looking into a small crowd while playing, then seeing a large crowd while spectating at a boys game. As I have personally seen the difference at

various sporting events, I believe that girl sporting events have less support at their games than boys do.

In addition to being an issue during high school, this problem goes to an even larger scale. Some people say that there are certain professional sports for both genders that obtain smaller crowds. For example, for males, a cricket match wouldn't have as many people watching as a football game would. Or for females, a rowing race would receive less attendance than a volleyball game. However, I believe that women sporting events receive smaller attendance no matter how popular the sport may seem. An example of this instance would be college volleyball games. Although volleyball is a more popular women's sports, whenever I have gone to a Wisconsin Badger match, the field house isn't

even close to being full. Professional teams have seen the same difference between attendance between male and female sports as high school sports, and no one has tried to change that issue. In 2017 the average attendance a UW Badger football game was [79,357](#) fans, while a UW Badger volleyball match had an average of [5,980](#) fans. According to [Sports Comment IR](#), "Female athletes have historically received very little attention from activists and advocates for gender equality."

Although students may argue that they'll make the drive to travel to both boys and girls away events, I believe that they would rather travel for boys events that are away than girls. For example, the spectator bus for every away football game proves that students would rather travel for a boys team.

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## PEHS Fans Go Wild for Boys Basketball



Photo courtesy Stephanie Schroeder

The boys varsity basketball team has won nine games and lost two, thus far.

Katelyn Millis  
staff writer

With the recent victories achieved by the Palmyra-Eagle boys basketball team, students and parents get excited when the boys win.

"[Winning] keeps everyone hyped, and when we lose people are quiet and there is a lot less cheering," junior Hailey Weed said.

Thus far, the boys varsity basketball team has won nine games and lost two. This current record is identical to their record at this point last year.

"It's exciting seeing them win because everyone gets so happy" Weed said.

PEHS offers a spectator bus for some away games.

This would be for any of the students in middle school or high school that would like to attend away games but do not want to or can't drive.

While a spectator bus and driving to the away games are allowed, there are games that PEHS students do not go to.

"Whether I go or not depends on whos playing and how far away it is," Weed said.

Around forty students go to the away games. Whether they ride the spectator bus or drive to the destination, there is always a big fan section at away boys basketball games.

Students at Palmyra-Eagle High School seem to enjoy the boys basketball games, it

gives them a chance to talk and be around other age groups that they may not talk to every day.

"I go to the games to both watch and bond with friends," Weed said. "I find myself not watching the games as much as I should half the time."

Cheering is also a huge portion of basketball games, some schools cheer the entire game. PEHS has some cheers that are unlike other schools.

Free throw clapping is one of them, they do this when one of the players on the team gets fouled and gets to shoot. Someone in the crowd yells "1, 2, 3," and then the crowd claps altogether and wiggle their fingers.

see **BOYS BASKETBALL**, page 3

**EQUALITY AT HS GAMES**

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Although football is the only boys sport that has a spectator bus, it's still one more spectator bus than girls sports have. Considering the spectator bus is only for a boys team, the only time there is some sort of spectator bus for a girls team is when it's a championship game. "I feel like having a spectators bus could have improved our record, this past volleyball season because having a loud gym during important games in the season really helps athletes get pumped up and want to play better," senior Samantha Ramlow said.

Besides having a larger student body crowd, boys games even have larger community support. Football games and boys basketball games to volleyball games and girls basketball games isn't even comparable. The crowd difference is clear as day, as it always has been. Many may argue that boys receive larger attendance because they're more entertaining to watch, but that statement is false. There have been countless amounts of volleyball games that have been more intense than football games. Also, there have been girls basketball games that have been so close you sit on the edge of your sit, rather than watching the boys team win in a blowout. Through thick and thin there's always support for boys teams, girls would appreciate it if that support was reciprocated.



Photo courtesy Stephanie Schroeder

Support from the crowd helps athletes perform better, and makes the game more interesting.

# 5 Things Girls Are Embarrassed To Admit To The World

**Katelyn Millis**  
staff writer

1. When it's THAT time of the month



Someecards: Natasha3472782

Girls tend to be especially embarrassed about this one. Although every girl gets her period once a month, girls don't like to share this information with the world. I know from experience that girls don't like telling people when they are on their period, even though the mood swings can speak for themselves.

2. Tripping in public



Pinterest.com

This isn't only for girls, but I'm speaking from experience. If I trip in the hall, I instantly turn around to see if anyone noticed. If there ends up being people around when I trip, I try to find someone I know so I don't look stupid. Most of the time I'll say something really loud just to get the attention off of me tripping. I think most people can agree that this happens in crocs the most.

3. We Never know what to wear



Outfitideashq.com

Trust me from experience, I have created clothes tornadoes in my room trying to find something to wear. I know other girls have a well. Even if they don't admit it, they do. I waked up and text people asking what they are wearing for that day and people do the same to me. The so called "clothes tornadoes" is quite embarrassing and sometimes leads to mental breakdowns because most of the time having "nothing to wear" means nothing that we want to wear that day. I have come across this many times and ended up just throwing on the first thing I had picked out in the first place.

# Everyday Fashion

**Mikayla Peardon**  
staff writer

Morgan Landess, Senior at PEHS, goes through the struggles of deciding what to wear to school everyday, along with her fellow female peers. From being comfy to looking cute, Landess has a wide spectrum of fashion including many different styles. Throughout the years, her fashion sense has of course changed, and so has the effort put into her outfits. Landess knows fashion quite well, but when she wants to have a relaxed day, she knows exactly how to be comfy.

**When do you normally pick out your outfits?**

I usually pick out my outfits the night before school, but I will pick them out the morning of school because I'm too lazy to think about it.

**How many times a week do you dress up?**

**Why do you dress up?**

I try to go for at least once a week, sometimes two. I dress up if I'm feeling good in the morning and not super tired.

**Where do you get your inspiration for your style?**



Photo courtesy Morgan\_Landess; Instagram

Morgan Landess enjoys being comfy for school rather than dressing up.

**Where do you get your inspiration for your style?**

Usually I go off of what my friends kind of wear, or if I see a cute outfit online I'll try to find clothes that kind of look like that.

**Will you switch outfits if you're not "feeling" it?**

Yeah I do. If I put a nice outfit on but I'm not feeling comfortable I will definitely take it off and put something else on.

**Do you prefer to dress up or bum out? Why?**

This year it has been more of a bum out. Because I'm a senior and I just want to be comfortable at school.

**Do your days go differently if you dress up or not? change of mood?**

Sometimes yeah. My confidence is definitely up if I'm dressing up and feeling good about myself. But also if I'm wearing sweatpants I'm very comfortable all day.

**BOYS BASKETBALL**

*continued from page 1*

"I don't think the cheering here is very good because not everyone contributes in the cheers and we don't cheer much," Weed said. "When the games get intense and the score is close, mostly everyone cheers. I find myself and others turning around and telling the freshmen and sophomores to cheer quite often."

Cheering makes a big impact on the game and how the players are doing. The players really appreciate when the crowd cheers because it makes the game more intense.

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Furthermore, the PEHS Student Council comes up with themes for the basketball games. Some of the themes include USA, frat party, 80's workout and safari. There are also some color-related themes such as primary colors, pink out, blackout and whiteout.

"I like dressing up for the games because it's fun and gets everyone involved," Weed said.

When other students from other schools come to PEHS for the games and see the student section all dressed up for the themes, it shows the pride Palmyra-Eagle has.

"My favorite part of the games is the intensity because it makes the games much better," Weed said.

**5 THINGS**

*continued from page 2*



Samuel Zeller/Unsplash

Mostly all girls do this, especially when they walk alone down the school hallways or at the mall. They want to make themselves look busy or like they're texting people, but in reality we just go on our phones and scroll through instagram or snapchat and do not even look at the posts or do not have any snapchats at the moment.

**5. Stuffing our faces**



weheartit.com

Some days, we need to just totally pig out and eat everything in sight. This happens to me sometimes and I have been with others when this occurs also. It is embarrassing because we have all been through those new year resolutions of eating healthier and working out to get that "summer bod," but we end up just getting stressed out about losing weight (when in reality we never needed to lose weight in the first place) and food always helps to cure those stressful times. I can say from experience, going to the kitchen to get a snack and seeing the fruit and veggies in the fridge, but that bag of chips in the cupboard is calling your name.

# Battle of the Top NBA Super Teams

**Jake Harris**  
staff writer

It's one of the hottest debates in basketball right now. Who has the greatest superteam? It comes down to two teams. Present day Golden State Warriors and the '96 Chicago Bulls. The Warriors have the better players and coaching which makes the Golden State Warriors the better superteam.

Some believe that the '96 Bulls are the better team because they have Michael Jordan, Dennis Rodman, and Scottie Pippen in their starting 5. This is a false reason because the Golden State Warriors have 4 players on the starting 5 that could possibly be future Hall of Famers.

The first matchup is going to be Stephen Curry against Ron Harper. Steph Curry is the obvious winner of this matchup. Curry is one of the best, if not the best, 3 point shooter of all time. Curry has many records in that field

including, most regular season 3 pointers made, the 3 point record for a game in the NBA finals, and also tied the record for most 3 pointers made in a single playoff with his teammate Klay Thompson. Ron Harper is a defensive specialist but that does nothing to a player like Curry who could shoot from the parking lot all game and finish with 30.

Klay Thompson versus Michael Jordan is a matchup that would go in favor of the Bulls. Jordan is arguably the greatest basketball player ever. With the way that Jordan can score and rise over his defender, nobody can really stop him even though Thompson is one of the better players in the NBA at defending and scoring.

Kevin Durant versus Scottie Pippen is an easy matchup. Sure Pippen is a hall of famer, but Durant is a talent that we have never seen in the NBA before.

He is 7 foot tall and is one of the greatest shooters of all time, not many can stop him and I don't think Pippen is going to be able to stop him. Pippen is known for dominating on the defensive end but like I said, we have never seen a player of Kevin Durant's caliber.

Draymond versus Dennis Rodman is probably the most even matchup. Both of these players are very physical and great defenders. They both wouldn't score much but would rack up rebounds and defensive stats. This would honestly be a toss up and would really depend on how their team plays and what happens throughout the game.

The Warriors have something that the Bulls do not possess, a high caliber sixth man. Andre Iguodala has won a finals MVP for his efforts and can play most positions on the court and can make a big impact.

See **THE BATTLE** on Page 5

## The Le'veon Bell Situation with Joey Lutze

**Jake Harris**  
staff writer

Senior Joey Lutze has been a fan of the NFL all his life. Lutze is very educated on this subject and knows exactly what he is talking about. Having experience in running a fantasy league and being a varsity football player helps with his knowledge of not only football, but with how to deal with players.

**What do you think Le'Veon Bell should do?**

"He's going to have to accept a pay cut or he's going to have to sit out another year"

**Is it worth it to sit out an entire season for a pay raise?**

"No because you lose all that money. I mean he's not gonna get the pay raise he wants and it's actually taking lower now that he sat out. If he would've played this year and shown what he has, then left, like say no to the franchise tag, then he would get a way better raise than if you sit out a year and now you're going to be a little rusty and no one is gonna pay you what you want now."

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**Do you think any team is going to be willing to pick him up despite he is basically showing he's only in it for the money?**

"This coming free agency, no, if he doesn't cut down his budget he wants I don't think any team is going to want to spend that money especially for a running back like Kareem Hunt whose on the market and he is equally good and he'll be signing for a lot cheaper than Le'veons asking for."

**Bell has already damaged the trust of the Steelers. Does this affect how other teams look at him in the offseason?**

"Yeah I think so I mean, the way he left them in the dust, I mean I don't know how a team could overlook that and anyone considering picking him up has to look at that and see his unfaithfulness to that team and that organization."

See **THE SITUATION** on Page 5

## Basketball Great Start

**Revin Schneider**  
staff writer

Senior Owen Buttenhoff is part of the Palmyra-Eagle boys varsity basketball team, the beginning of the season has been good for the boys thus far.

Last year the team got one home playoff game, they won that game and went on to play another game. This year the goal is to have two playoff games and win them both. Also the main goal is to go undefeated in conference and win the title in back to back years.

His role on the team is very important, according to Buttenhoff everyone on the team has an important and their own role.

He said he's more of all around player he good at a lot of things and isn't really bad at anything. The only thing he wishes he could improve on is finishing and shooting more.

See **GREAT START** on Page 5

## GREAT START

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"My role on the team is basically when you need someone to have out there that will play good defense, not turn the ball over and to also make some open shots," Butenhoff said.

So far the boys are 4-1, and are undefeated in conference. The team's only lose came to Living World Lutheran. IN conference the Panthers have defeated Deerfield, and also Johnsons Creek.

When asked Butenhoff said the start of the season was good. Just minus the lose. "Well, we're 4-1." Butenhoff said. "That's always good."

He said we have a clear advantage when it comes to height, and varsity experience. The starting five consists of three players who started last year. And also two players we played very valuable minutes last year.

"Our teams biggest advantage is that we're taller than the other teams we play," Buttenhoff said. "And a lot of the team got varsity minutes last year so were experienced."

The boys varsity team is playing very well so far this season. There are only a few minor things they need to work on and change. They would play a great first half on both the offensive and defensive side of the ball. Then when the second half comes around the team comes out kind of slow on both sides of the ball.



mischka.pics

Owen Butenhoff senior basketball player at Palmyra-Eagle high school.

## THE BATTLE

Continued from page 4

The Bulls don't have much coming off the bench which could cause great harm in how they play against a team that does.

The Warriors by far have the advantage in the coaching game. Steve Kerr is a former Chicago Bull who played for this team. This gives them the advantage because he knows their weaknesses and strengths. He knows the playbook and would be able to counter their plays easier. He knows the individual strengths and weaknesses of both teams which would help with the matchups and which plays he calls.

The Warriors are clearly the better team because of the matchups and with the coaching. You're going to need more than three hall of famers on your team to stop the

# Top 5 Biggest Sports Brawls in Sports History

## 5. New York Islanders vs. Pittsburgh Penguins



February 11, 2011 it was the New York Islanders vs. the Pittsburgh Penguins. In previous regular season games between the two teams there were little altercations between them. Before the February 11 game there were words that a big fight might break out, and that's exactly what happened. [There were 15 fighting majors and 21 game misconducts.](#) The final total amount of penalties were 65. Also a total of 346 penalty minutes. The Islanders would go on to win that game 9-3.

## 4. Baltimore Orioles Vs. New York Yankees



Youtube.com

In 1998, the Orioles were playing the Yankees Bernie Williams hit a grand slam to put the Yankees ahead. Benitez next pitch hit the next batter Tino Martinez right in the middle of the back on purpose. After that all the benches cleared and punches were thrown. [Benitez and Strawberry were both suspended for a few games.](#)

## 3. Chinese National Team vs. Georgetown Hoyas

The Georgetown Hoyas traveled to China to play the Chinese National Team in 2011 for a pickup game before the regular season. [China was getting absolutely destroyed and a big fight broke out.](#) The aftermath though wasn't that bad, since it was a scrimmage game though no suspensions were handed out to players or coaches. The next day both teams were very apologetic and there were no further complication and they even scheduled a game for the following year.

## 2. Miami Hurricanes vs. FIU Golden Panthers

[In 2006 the Miami Hurricanes were playing the FIU Golden Panthers.](#) The two campuses are around nine miles apart. Usually schools that close usually have beef. During the game there were multiple minor altercations. There were seven penalties called. Until the Hurricanes scored a touchdown and started celebrating, then the big fight broke out. Punches kicking broke out and there was no stopping it until it fizzled out by itself.

## 1. Indiana Pacers vs. Detroit Pistons

The worst fight in all of sports history. You may of heard it being referred to as the "Malice In The Palace". It took place in Detroit, the Pistons were playing the Pacers. Ben Wallace was a big and physical player. He's the one who started the confrontation, and that escalated quickly into a fight. Benches cleared, but the reason this fight got its name is because of one fan who decided to throw a beverage at Ron Artest. He would proceed in the seats and started wailing on the person who threw it. Then more players and more fans got into the fight and it was a mess. [Multiple suspensions were handed out to players and some fans were banned from coming back.](#)

## THE SITUATION

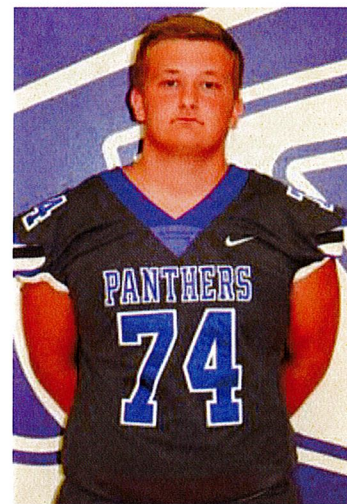
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### What team do you think would spend that amount of money?

"I could see a Raiders or a Buccaneers. Raiders just because Jon Gruden, they've got cap space, Jon Gruden loves those types of running backs, those elusive swift running backs. Buccaneers they just suck so they need someone."

**There is a rumor going around that the packers could make a good trade with their 2 decent running backs in Jamaal Williams and Aaron Jones to trade for Leveon considering that James Connor is not 100%. Is this a good idea?**

"No, I think Aaron Jones is a great running back on the rise and for all of the drama that Le'veon Bell would bring to the Packers, I think Aaron Jones is better suited for the Packers anyway."



Wissports.net

Joey Lutze is a Senior football player at Palmyra Eagle High School

# Stephen Valentine: The Man Who Did It All

**Isaac Moss**  
staff writer

*Stephen Valentine is one of the many employees at Palmyra-Eagle High School but goes far beyond what most would expect from a custodian. Working with just a high school degree he had his own cabinet business, served in the Air force, and so much more*

## What is your job here at Palmyra Eagle High School?

My job title is maintenance facility maintenance person.

So, what do I do? Everything with the heating and air conditioning of the school, I'm responsible for. The service maintenance all of the heating and air conditioning systems. the lighting the electrical, anything from balace to complete rewiring of the lighting system power anything that touches this building from the ports where power comes in from there out is my responsibility of fixing, maintaining or getting somebody in here to fix it, you know if it becomes bigger than myself, like if it's 480 repair. So that in a nutshell is what I do.

## What happens if something breaks?

Anything that might need to be fixed or breaks in the classroom or teachers desk or a chair it all comes through me. Anytime somebody gives me a work order, I have a work order system that a teacher has a chair that needs to be repaired or something in the room or it's too cold or to hot, I sit there and I can work it out from, I've got a chrome book too, and I can actually run the school heating system from my phone.

## Do you do anything outside of the school?

[Standard Process] park, any of the parks and fields that you see out here I do all of the irrigations systems. We have someone come in and blow them out, but if say in the springtime, if over the wintertime and there's some water that got trapped and blows ahead if it needs to be fixed then we'll hire somebody out to get the piping fixed but if we blow a sprinkler head I repair all that and fix all that. If it's at the sprinkler head a lot of times I'll just fix it myself, it's quicker.

I love the job, I love the students, just the interaction I have with everybody on the day to day basis, somebody just dont even know me, hehehe, you see me, I love to weld so I'm in the metal shop all the time I did a cabinet business and, uh so anything furniture related if I can fix it I'll fix it if one of the pieces falls apart that I'll try to figure out and re engineer it so that it looks nice.

## When are you the busiest?

Summer time gets really busy because summer time I have to go up and do heavy maintenance on our air conditioners and boilers. I actually pull the boilers apart and actually clean all the boilers, well the outer cases are torn apart I don't physically take the boilers out and uh, when you called me we had a 250 gallon water tank, uh water heater that went out and so I'm in the process of cutting that, I've got a couple of videos I could show you as I'm dismantling and pulling this thing apart, but it stand about as tall as me, and it's about 6 ft. in diameter, and uh, yea so that's what I'm doing all those papers that you see behind you are all building drawings and everything, I have to know what's in all of those, and I start looking and there's a little ledgar to each one of them but I keep most of my relevant drawings right over here so if it's heating air conditioning.

## Were you ever in the trades?

I wasn't in the trades as much as I was in the air force for twenty six years and we deployed to places like turkey and one of the coolest places I ever deployed to was Cairo Egypt. It was a bombed out base and over the gulf war engineers got in there but then we had to, we made it our own and because I was a roofer I have a friend who works in construction and so him and I put up a lot of roofs in Whitewater, Fort Atkinson, Jefferson, and Palmyra, and those local areas. I'm originally from Whitewater but, I've done a lot in a very short time but I always try to do more. At night after I'm done with all of this I go and work for a fedet dealer in east troy and I do all his engine work which kinda gives me a little bit more so if you guys had a question in the shop issue or something like that I clean carbs and build engines.

# Technical Schools Over Traditional College



**Isaac Moss**  
staff writer

From making the machines that run the auto industry, wiring buildings to repairing the automobiles commute to and from work. One of the most stressful things for seniors in high school and freshmen in college is dealing with the loans and lack of money, Along with being able to enter the workforce immediately and have the ability to make a living with a stable and well paying career. There is a huge need in the world around us that demands more people in the trades.

Far too often people take for granted the chairs they sit in, the lights in their house and even the house that they live in. It had to have come from somewhere or better yet someone.

The best thing about a technical school is that the school is teaching you and giving you opportunities to finish school and go right out and get a job to right away start making money.

Many employers who are looking for skills workers will pay for somebody to go to learn and become one of those skilled workers, through an apprenticeship program.

Tuition costs continuing to rise and the debt upon graduation are all big things that worry students, they were even a points of focus in recent elections. "Too often, students are encouraged to attend college (70% of high school graduates plan to attend college), leaving good high-paying jobs left unfilled. Sadly, only 34% of the students who go to college will complete a two- or four-year degree.

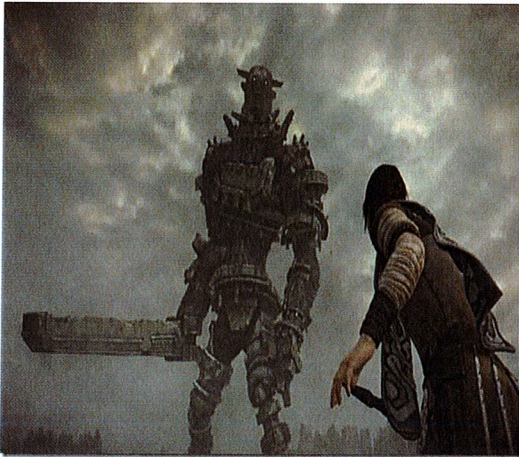
Also, while an apprentice starts earning a wage the first day on the job, the college student begins to encumber debt until they graduate and find a job. Not counting the debt, it will take the average college graduate 15 to 20 years to match the apprentices' accumulated earnings

# Top 5 games that got remastered



## 1. Halo Master Chief Collection (MCC)

The Halo Master Chief Collection is a massive game worth over 100 gigs of information with 4 halo games available to you in one disc. The Halo Master Chief Collection contains Halo combat evolved, Halo 2, Halo 3, and Halo 4. The best part about MCC is that you can switch between any of these games whenever you want making the accessibility of this game insane because normally you would have to download all four of the games separately and use the separate discs



## 2. Shadow of the Colossus

For everyone who has already played Shadow of the Colossus you know how amazing this game is dodging their fists and obstacles to find their pressure points just to watch them come crashing down to the ground will having you feeling very rewarded for bringing down such a massive beast. The improved graphics and clearer image are all very noticeable as soon as you enter the game and the game runs at a higher fps (frames per second) than the original version.

On Thursday November 15th Sony announced they were not going to be attending E3 this year because it would take too much time away from developing and producing the new PlayStation console.

Sony started as an entertainment company and is changing going from selling speakers, TVs, and pretty much any other electronic entertainment thing you could want to almost exclusively selling gaming consoles, games, headsets and controllers.

Revin Schneider, a PlayStation user who has owned a playstation since he was seven years old. When asked if Xbox can compete with Sony's new console he said.

## 3. Mortal Kombat Arcade Collection



Most people know how famous the Mortal Kombat series is and the Arcade Kollection combines the first three Mortal Kombat games into one much like MCC. There aren't a whole lot of changes from the first three games compared to the Arcade Kollection other than the graphics and fps got increased due to it being on better consoles than the PlayStation and Xbox. However they did add the ability to play online against other people and the ability to unlock characters in the online mode.



## 4. DOOM

DOOM was a game more popular to the older generations that are in college now but with the game being re-released almost 3 years ago it grew in popularity again. The same reason DOOM was popular in the 90's is the same reason it was popular after release and that was all the blood and violence in DOOM. Fighting hordes of demons with the BFG is just as fun as it was in '93' especially with hugely improved graphics and a new story line.

"I think they will make something as good or better or maybe even a little worse" Schneider said

Ideally Xbox and Playstation release both of their consoles at around the same time and around the same price they can both expect to profit and the customers should be happy because Playstation must release their console at a lower price to compete with the next Xbox console.

Sony's next move should be to promote the hell out of this next console if they are putting so much effort and time into this console people will be expecting a lot which means there is a chance people are disappointed when it comes out.



## 5. Omega Ruby

Whether you like Pokemon or not, Pokemon is just about the biggest card game invented and then with the invention of portable gaming devices Pokemon blew up. In my opinion Rub and Sapphire were the most fun Pokemon game I've played. Being able to relive your childhood is something many people dream of and these remastered games bring back such a sense of nostalgia.



On the flip side keeping the next generation console a secret might not be a bad idea too. Leaving most of the console up to interpretation could draw in people as well, if they are not expecting anything then they won't have an expectations to be disappointed in.

Sony could be making a mistake by not going to E3 and teasing the public with sneak peek commercials and promos. Instead of having a few months to get people focused and talking about the new console they will have a lot less time compared to Microsoft which could affect the overall sales.

Regardless of what Sony's next console will be a smash hit and I'm sure people will be flooding the stores for the next generation

# Opinion: Chevy trucks are the greatest trucks of all time

**Bryce Oliver**  
staff writer

In the past year the Ford Motor Company has been selling more trucks than GM has been selling Chevrolet trucks according to [Business Insider](#). I believe this shouldn't be happening because I know Chevrolet builds a much better truck than the Ford Motor Company does. The problem is that people think they are getting a better truck by buying a Ford.

Some people prefer to buy Ford trucks is because Ford has decided to have their truck bodies made out of aluminum, which doesn't rust, but aluminum is a soft metal that dents and damages very easily. It's also more difficult and more expensive to fix damaged aluminum body panels. Chevrolet trucks, on the other hand, have bodies that are made out of high strength steel which is a much harder metal. Even though steel can rust, it will maintain its

shape longer because it doesn't dent and damage as easy as aluminum. It's much cheaper and easier to find someone to fix damaged steel body panels. The high strength steel bed of the Chevy truck can take a lot more abuse than the aluminum bed on the Ford truck before it starts showing wear and damage.

Most Ford owners will say they're happy with their V6 turbo engine that they think has more horsepower and gets better gas mileage than the Chevy V8. But the V8 engine in the Chevy truck has more horsepower and is best in class V8 fuel economy due to the advanced fuel management. Another thing is the entry level torque for the Chevy truck is 305 lb/ft and the Ford truck has only 265 lb/ft. If you want a more powerful truck, you're going to want the one with more torque, so in that case it would be the Chevy truck. Torque translates into low-end power, or the ability to accelerate the vehicle at low rpm levels. "Torque moves the vehicle from a

stop and helps it get up steep hills. As such, more torque is required to start a heavier vehicle than a lighter one. That's why torque is useful when towing," according to [how stuff works](#). More torque means more towing strength for your daily work or your weekend toys. If it's horsepower you want, then you're going to want to go with, what else, Chevy with its max available v8 horsepower of 420 according to [auto trader](#), compared to the Ford truck that has only 395 Horsepower.

My family has had four Chevy trucks over the last 30 years. They have taken us everywhere and they have been very reliable the whole time. Chevy trucks have the nicest interior and exterior. This is why Chevy trucks are just the best overall truck of all time. If you have never set foot into a Chevy truck then you have no idea what you're missing.

**Michael Schaab**  
staff writer

## 1. Get the best speaker setup for trucks: Kickers VSS PowerStage



Kicker PowerStage let you keep the look and feel you know, but upgrade what you hear. Kicker's unique PowerStage system includes an amplified subwoofer and an amplifier with a built-in digital signal processor DSP that works with your factory speakers and radio for improved audio. We installed one in a 2014 Chevrolet Silverado Crew Cab to hear what it could do. It has a custom bracket for the amp under the dash this will help you get the most out of your factory speaker. And the subs can be installed under the seat of the car for a nice discreet fit but it will still pack a punch you do not need to buy a amp for this it has a built in one also.

## 2. Get the best aftermarket exhaust system for trucks



An aftermarket exhaust system is a very easy way to make your truck sound cool and it is very easy to do yourself. After your new exhaust your truck will not only sound cool you can get a lot more horsepower out of it up to 20 horses. [The best aftermarket exhaust for 2019](#) trucks would be a Heartthrob Exhaust it sounds very nice and you can release the full potinton of your truck.

## 3. Get the best lift kit for your truck



The best lift kit out there for truck owner would be the [skyjacker 4](#) this is a very nice lift there reliable and it comes with all the parts you need to install it. This Skyjacker kit is designed for Jeeps, but they have kits for almost all trucks and SUVs too. One reason why this kit outsells its competition is because it is extremely affordable but is also built with high-quality components. It currently has a rating of 4 out of 5 stars on Amazon. However, the only reason it hasn't received a higher rating is because a few customers had difficulty installing it on their Jeep. Keep this in mind if you plan to finish this project on your own.

## 4 get the best AEM air intake for trucks



[duction Systems](#) are designed and built to build power by increasing flow to the intake. By cutting down on restrictions and creating a smoother intake pipe, AEM Air Filter kits outperform OEM intake kits and most aftermarket kits by far. All AEM air intake filters are washable and come with an industry leading guarantee. Installation is a snap with most AEM air kits because AEM makes each kit to fit a specific vehicle perfectly. You simply can't beat the performance gains for the price of an air intake kit. JEGS is proud to carry AEM Air Filters and air kits at everyday low prices ready to ship to your door!

## 5 get the best dirt nasty pair of rims



The best pair of rims are [moto metal machined black mo970](#) these rims are american made they are made of an aluminum cast metal. They come in black and they all come with eight spokes on them wheels have a unique, 8-spoke design that will have all eyes on you and your rig! Each spoke has a top layered design that highlights the rugged style. These Moto Metal wheels have a machined finish with a black lip. MO970 wheels are offered for a wide array of trucks and feature many different sizes, offsets, and bolt patterns. Moto Metal uses extremely durable, one piece cast aluminum to make the MO970 wheels.



# A conversation with Mitch Mehring

**Bryce Oliver**  
staff writer

Mitch Mehring is a graduate from Palmyra-Eagle and is on his 3rd year as an electrician at Giraffe Electric. He's also studying at WCTC to get an apprenticeship and he is also taking a couple optional classes. Here is a interview about Mitch's 2012 F350 powerstroke

**Do you like the lift you have on your truck?**

Yes I do, it's very affordable, It has its flaws but we won't get into that.

**What is your thoughts on the size tires and brand of them?**

The size tires I think are perfect, they fit the truck well. The tires i went with are a very expensive tire. They are very durable and very good in the mud, still very expensive but I like them

**Is there anything done to the engine?**

Yes, there is a list of things, it's fully deleted, I got twin turbos, 5 inch straight pipe, new cold air intake, different head studs, both turbos are sxc 369. I usually build around 80 pounds of boost.

**How many miles are on the truck**

136,000 Miles on the truck that I bought 2 years ago with 100,000 miles on it.

**What kind of rims are on your truck?**

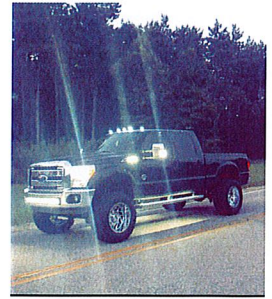
I went with the moto metal 970's, a very basic priced rim. There not to expensive but they got that good look, since most of my money went into the motor

**What are some recent issues you've had on the truck?**

Umm, where do I begin with that one, I've experienced the death wobble, it sometimes randomly dies, and another problem is I pick up to many girls.

**What are your future plans for this truck?**

The future plans for my truck would have to be, change out somethings I already have done to it, and put a nice sticker on the back window saying, "I wouldn't be laughing your daughter might be in here". But other than that i think i'm gonna just slap a for sale sign on it and start something new.



## 5 generations of Duramax motors

1. 2001-2004



The first generation of Duramax motors was the LB7. This motor was put in Chevrolet and GMC 2500 and 3500 heavy duty trucks. The LB7 was introduced in 2001 and was made until 2004. This was a 6.6 liter motor putting out 300 horsepower and 520 torque from the factory. These engines proved to be reliable and consumers were happy. However, around 200,000 miles, these engines had a common injector failure problem. This also lead to overheating and head gasket failure

2. 2004.5-2005



The second generation (LLY) was produced mid 2004 (2004.5) and was made until the end of 2005. This motor was designed to correct injector issues from previous years in the LB7s. This motor put down 305 horsepower and 605 torque from the factory. This engine came with an aluminum head and a garret supercharger. Also, this was GM's first motor with emissions making it appealing to the

consumer that it was better for the environment. Also, there was an egr valve installed making this motor very reliable, while still putting out a large amount of power.

.3. 2006-2007



The third generation was the LBZ. This motor has been said to be the best motor ever produced by Duramax. This motor put out a best in class 360 horsepower with 650 torque. This motor was also easy to tune without upgrading any motor parts, and put out a lot more power for very cheap. There was a lot of big changes to this motor, as GM was competing with Ford's new 6.4 twin turbo diesel motor. All of the internals on these motors were bigger, designed to crank a lot more power, while still being extremely reliable.

4. 2008-2010



The fourth gen engine was the LMM. These motors came in the new body style trucks and came with new features like a diesel particulate filter, and it came with other emissions enhancements, including cooled

exhaust gas recirculation, closed crankcase ventilation, and new engine control software. With all these add ons, these engines still put out 365 horsepower and 660 torque.

5. 2011-2016



The LML followed the LMM, not changing a ton besides seriously cutting back on the added on emissions that limit the power for the motor. These engines put out an impressive 400 horsepower and 675 torque from the factory, with plenty of room for improvement. A big upgrade in these motors was a fuel injector directly in the exhaust tract allowing for raw injection.

# Top 5 Cutest Animals In The World

**Brian Navarro**  
staff writer

## 1. Red Panda



Pinterest.com

As our top contender the red panda is a cuter and dwarf version of the black and white panda. These little cuties typically grow to the size of an average house cat when fully grown but look bigger, as their super fluffy, soft tail adds another 18 inches to their cuteness. You can see these cute things in central China, in the

mountains of Nepal, and Myanmar. The last thing that makes them unbeatable with their cuteness is that when they get super cold, they wrap themselves with their fluffy tail to keep warm.

## 2. Koala



Pinterest.com

In second place is a well known animal known for its cute, cuddly look: the koala. The koala is only seen in Australia and can stay at an adorable size of almost 3 feet. Koalas are

known for their friendliness, popularity, and just asking endless attention. These guys look cuter too when sleeping, so good thing they can sleep for almost 20 hours a day since they take a lot of energy to digest their food.

## 3. Panda



Thejakartapost.com

In third the "OG" is what people would say of  
**See CUTE, page 11**

## Nature: Mother of All

**Preston Mueller**  
staff writer

The planet Earth has only a limited amount of space and the increase in population is causing the Earth's environment to dwindle. With more people on Earth more pollution. Since everything needs energy and humans are using fossil fuels to produce this energy, they are constantly adding to the annual emissions. Fossil fuels emit greenhouse gases which are extremely harmful to the wellbeing of the environment. Although pollution and the population is constantly increasing, people are finding newer and healthier ways to maintain a better environment for the planet Earth, which we call home.

Nations all across the world are setting targets to reduce greenhouse gas emissions by experimenting with cap-and-trade plans. [Wikipedia](#) explained cap-and-trade as a "market-based approach to controlling pollution by providing economic incentives for achieving reductions in the emissions of pollutants," such as greenhouse gases. However, companies that exceed those "caps" can buy permits to emit from companies that have not reached their "caps". Not only that, but in most cases it is unclear that these nations are trying to meet the stated climate goals. To prove how unclear these standards are. [Npr.org](#) stated that, "What is clear is that the pledges currently on the table aren't legally binding, and they fall far short of what

would be required to stabilize the planet's atmosphere." No one really knows what nations are doing what to decrease these emissions since none of these pledges are being taken into legal action.

In response to decrease the world's pollution, many people now use solar panels to get solar energy instead of using fossil fuels as an energy source. Solar energy is a really good alternative to fossil fuels since solar energy does not have an expiration date like fossil fuels and does not emit nearly as much pollution. However, the downsides to switching to solar energy is that solar panels take up a lot of space and not all solar panels can fit on roofs according to [greenmatch.co](#). Not only that, but it is also tricky to dispose of since it has the same hazardous materials as other electronics. If everyone does switch to solar energy to reduce greenhouse gas emissions, it will be another problem to dispose of these hazardous materials and have enough room to construct these solar panels.

Switching to the primary use of solar energy is a good start at trying to make less of an impact on mother nature. However, the cost of solar panels are fairly high. When you buy a solar system you have to cover the upfront costs, which include paying for the solar panels themselves, batteries, wiring, inverter, and even the installation itself. Everybody has the option to switch to solar energy to help the Earth. Life's a garden so dig it or kill it.

## Saving Mother Nature's Pets

**Preston Mueller**  
staff writer

On March 19, 2018 the last remaining male Northern white rhinoceros was pronounced dead at Ol Pejeta Wildlife Conservancy in northern Kenya. Species go extinct everyday and for each species that dies off another species becomes more or remains endangered due to poaching, habitat loss, and or climate change.

African rhinos are constantly in danger due to poachers who kill them for their horns which is made up of keratin, to sell on the black market. The reason rhino horns are so expensive on the black market is because the Vietnamese culture believes that keratin has healing capabilities, such as curing cancer and hangovers according to [theatlantic.com](#)

Senior Kristin Novak, who is also a farmer shared her view on poachers and how effective laws are for protecting animals. "[Poachers are] Horrible, there are laws to protect animals [against poachers] but they don't act enough and should act more to do something about it," Novak said.

**See PETS, page 11**

# Hope For Wildlife

**Brian Navarro**  
staff writer

A current UW-Green Bay student and graduate from Palmyra-Eagle High School, Emma Hammond has always had a heart for animals and our wildlife since she was a kid. Emma has always enjoyed going on hikes and going to places where wildlife plays a big role. Emma views wildlife as a very important aspect on planet earth, and is disheartened by the affects global warming and man-made problems have on wildlife animals. Emma has always disagreed and will always be against the killing of endangered species, the waste that comes from humans that end up in animals homes, and the effect its been giving to the wildlife.

## How much do you enjoy wildlife?

I enjoy wildlife very much I like that i can step outside my house and see squirrels and birds and crazy wildlife it's like i'm in a zoo everyday.

## What's your opinion on wildlife on this world.

I think there's not enough of it i think we need more wildlife on this planet to really get the earthly experience because we're killing our animals and there's not enough wildlife on this earth, we need more, go wildlife!

## How would you feel if your favorite animal went extinct?

I would cry! That'd be so sad, there are so many animals that are becoming extinct now because of this world because of pollution and global warming. Like penguins; I love penguins, and penguins are starting to die because of global warming and the melting ice caps! We need to stop. We need to save our animals.

## Do you blame people in the world for the extinction of animals?

Yeah because animals aren't out here killing each other to make each other extinct. I mean they do that but that's the cycle of life. But you know, people are ruining animal life and wildlife. Like I just said, the penguins and rhinoceroses because people hunt rhinoceroses and elephants. And yeah, people are killing our animals, our beloved, precious, fluffy animals.



Photo courtesy Brian Navarro

## Why do you blame humans?

Global warming. All these big businesses throw their pollutants into the air, throwing all the carbon dioxide into the air is melting the ice cap Which is making penguins and seals die.

## What do you think should be changed to save these animals lives?

The government should regulate how much pollution they're putting into the air, and all the crap they're putting into the air and monitor it make sure that they're not putting an excessive amount into it, even though they're already a lot into the atmosphere that's already warming up the earth. Regulation!

## Should there be a regulation on people hunting animals?

Yeah, you shouldn't hunt big animals! Stick to deer and ducks, man, like there's a lot of that stuff.

## CUTE

continued from page 10

the red panda is the original black and white giant pandas. I'd say the red pandas took the trophy away from the pandas as the pandas are bigger which means more to cuddle with. They're as friendly and fluffy and these guys are mainly in china but since zoos are a thing you can most likely see one near you! The pandas also stay big and fluffy for bamboo contains very little nutrition and need roughly 80 pounds of bamboo to meet their needs.

## 4. Penguin

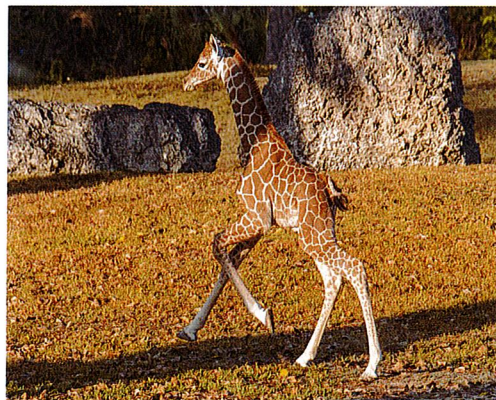


reddit.com

As we near the end the most adorable animals from the arctic come in to keep the cuteness coming.

The penguins are furry little guys and come in all shapes and sizes as there's many species of these birds. Also they are unique, birds flying is getting overrated and old but not the penguins as they swim. The majority live in the southern hemisphere and can only find the galapagos penguin in the northern hemisphere.

## 5. Giraffe



miami.cbslocal.com

Finally last on the list of the top five cutest animals is the giraffe. As the giraffe finishes it off as one of the cutest animals they're are truly fascinating for their height and long tongue. Just look at them gallop too they're are just the cutest animals in Africa. These "little" guys are surprisingly related to deer and cattle but their closest relatives are okapi. But overall who could choose who is the cutest with all these adorable animals in the world and these are only five out of the many...

## PETS

continued from page 10

Even if more efforts were contributed habitats would still be destroyed since the human population is constantly increasing, "Humans are taking over, and cities are taking away farmland," farmer Novak said. The human population shows no sign of slowing down considering the fact that three hundred and sixty thousand babies are born each day and only 151,600 people die each day, which is approximately a two to one ratio, according to [ecology.com](http://ecology.com).

According to [C.A.R.E](http://C.A.R.E), the National Wildlife Refuge System is expected to need \$900 million in order to maintain the one-hundred and fifty million acres of wildlife refuges. This statistic shows just how expensive it is to maintain and preserve habitats, which is why it isn't surprising that not much is being done to protect animals and their habitats.

Not only is it expensive to maintain the habitat but it is also extremely expensive to stop poachers from killing endangered species. Poaching also affects the amount of tourism revenue which makes it even harder to maintain since the wildlife refuge is losing attraction and money.

In the year 1903 Pelican Island, which is located off the coast of Florida, was the first federally established reservation for non-game birds according to the website [wikipedia](http://wikipedia). This was the first time that the federal government set land aside for the sake of mother nature.

"I don't know much about [Wildlife preservation], but I do know that they are good

**TIMM***continued from page 14***Did you travel much when you were younger?**

Ya know I didn't. So I grew up on like a small hobby farm so my dad raised beef cattle and crops and things like that. When that's your lifestyle it is hard to get away. We always did like family trips in the state like road trips and things like that. When I graduated from high school we took a trip from, I lived up by Lacrosse area to South Carolina and did that loop, my dad when he was in Vietnam was stationed in South Carolina, so that was like a road tour thing so that was probably like the first time I've really been out of the state and done anything like that so yeah lots of stuff in the state but when you have that lifestyle you can't be gone for days and days.

**Do you prefer traveling throughout the United States or any overseas?**

I do mainly in the U.S. because I don't like the long plane rides. Like one of my sisters has been to Australia, that's like crazy amounts of time on a plane. I mean at some point I think ya know potentially I would go like everyone says Europe, Ireland things like that are cool.

**Who do you usually travel with?**

I travel with Ms. Fischer a lot, ya know we're spring break buddies, we always travel together at spring break. I have a couple really good friends I travel together a lot with them, my sisters, I travel with them and their kids now.

**What type of lodging do you usually stay in?**

So I used to do hotels but the last probably several years I do like Airbnb or Homeaway or VRBO or any of those and it is hands down the best way to travel. You get a whole house, kitchen, bedroom, like everything you want. When we travel to Florida we always get our a house with our own pool. So you might pay a little more as opposed to a hotel but like you buy food and you know you don't have to eat every meal out. I've traveled to Nashville like that, I've traveled to Arizona like that, I've traveled to Florida like that. It's my favorite and if you're going to travel for any extended amount of time it's awesome. And everybody's always afraid, is it really going to be a house but i've never had a bad experience with one, so that's what I do really.

**Do you prefer warmer or cooler places when traveling? Why?**

Ohh warmer, I do not like cold. My favorite vacation involve sun and a beach and pool and yes relaxing. Warm is good cold is not.

**What would you recommend for the best travel location?**

I really have enjoyed band trips, I think those are more typical people travel so I've been to New York twice on a band trip, I've been to D.C, Um I'm going to New Orleans. Ya know those are vacations where you get to see a lot of stuff. New York is very cool, D.C is very cool. Um, ya know, if you're of age, Vegas is a lot of fun, I've been to Vegas, it's cool. Florida's great for relaxing, like if that's what you want to do. And both of the out of country ones I did were all inclusive, they were good but the weather in Mexico was eh, it wasn't so great, so that, when you're going for a warm vacation and the weather stinks like that, it puts a damper on things. Um ya know people like, when you go to Arizona we do some hiking, we do some of that so like if that's the things you want to do Arizona is beautiful for that, the huge canyons and things like that.

**What is the biggest/longest vacation you have been on?**

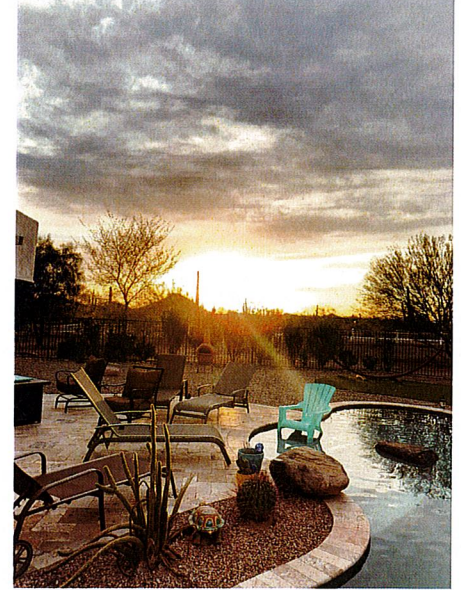
Probably a week, I don't know if I've ever gone longer, maybe 8 days, um and that's usually spring break. Ya know most people I know have real jobs so even though were off more in the summer like they still can't go for a weeks on end away with you. Um yeah probably a week, maybe 8 days have been the longest.

**What's your favorite view you've ever seen?**

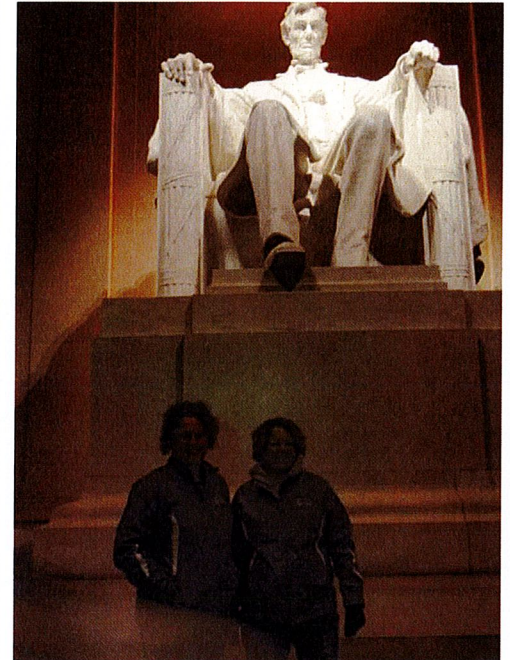
You know I was just in Jamaica so that's in my mind but that is gorgeous. I mean the water is insane, its warm, the sand is awesome, its beautiful, its very very pretty. The caribbean is very pretty.

**Do you have any short weekend trip ideas?**

So, I don't know how much, I don't want to talk about Vegas a ton but Vegas is a great place to go for a short weekend, you can't stay there forever, there's just too much going on um but thats, I mean that's fun, um you know I mean as an adult. I went to L.A with my sister actually last year for, she had to go for work and that was just short. Thats a place I don't think you could be for a long time because its just, like you go 10 miles and spend 2 hours in traffic, like but it was awesome to have gone and been there and seen it but that would probably be a cool like short trip because you can only, you know you get sick of that part of things really really fast. Nashville, is, was a great town, there's so much to do there. That you know that you can drive there, we drove there from here about 9 hours, I mean that was super easy so yeah those would probably be my, my top three.

**Photo courtesy Kari Timm**

Kari Timm enjoys one of her favorite vacation destinatic

**Photo courtesy Kari Timm**

Kari Timm and math teacher Sue Fischer love to travel together on many spring break adventures.

[www.tripadvisor.com](http://www.tripadvisor.com)

Las Vegas includes one of Kari Timm's favorite travel location:

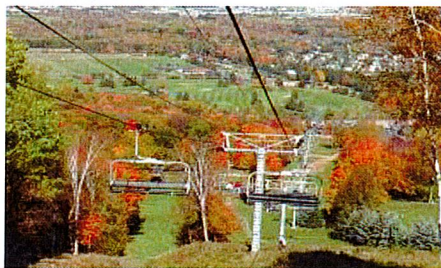
**VACATIONS***continued from page 14*

Right in the center of the state is the waterpark capital of the world. With different water parks including The Wilderness, Kalahari, Great Wolf Lodge, Mt. Olympus and more, it keeps your options wide open. When searching for a destination to visit, all of the locations have many different options for lodging. Whether you are going with friends or your whole extended family, places like The Wilderness offer a normal hotel room or a whole 4 to 5 bedroom cabin. If you are looking for a quick weekend getaway, go to the Dells!

**4. La Crosse/Wyalusing State Park**

wigr.com

Located on the western side of Wisconsin lies the river town of La Crosse and the Wyalusing State Park. While you are visiting La Crosse take a hike and view the channels of the Mississippi River from Wyalusing State Park. Visit one of their 11 trails in the park and enjoy the view. Check out the many caves in the park and maybe spend the night in one of the campgrounds and make a weekend of it.

**5. Granite Peak**

tripadvisor.com



firsttracksonline.com

Granite Peak also known as Rib Mountain in Wausau, WI offers all year opportunities for your family to stay occupied. Join them in the winter for the fun ski/snowboard season where they offer 75 runs and 7 lifts to keep your family busy all day whether you are a beginner or very experienced. In the summer time they offer sunset chair lifts to experience the view from the top of the big hill. Later in the year fall time starts showing their colors and the hill holds Fall Color days for everyone to enjoy the beauty of the hill. Visit Granite Peak multiple times a year and you will never be disappointed.

**DEVIL'S LAKE***continued from page 14*

Navarro made his first trip to Devil's Lake this past summer in June, and has been back a few times since. The first trip he made, he stayed three days with his girlfriend. He stayed in a tent the first time he decided to go camping there.

"There were a lot of people there, the first night we decided to set up a tent where you can park travel trailers, then the next night we moved to a spot that was in the woods more" Navarro said.

With many people camping there for the same reasons and interests, it'd be correct to assume that the state park itself and the trails were busy. Luckily, Navarro was able to find a couple different spots and made the most out of his camping trip there.

"My personal thoughts about Devil's Lake is that it's an amazing place to go over the summer especially over the fourth of July, you get to see all the fireworks around the area" Navarro said. "I would highly recommend going, because it's one of favorite places to go over the summer."

There's many things to do at state parks that can interest visitors whether they're ten years old or eighty years old. It's a perfect place for high schoolers and young adults to go especially if they live around the area or within one to two hours away.

Devil's Lake is about an hour and thirty minutes north-west of Palmyra and roughly twenty minutes south of the Wisconsin Dells. The state park is located in the middle of many amenities and cities/towns.

The location of the state park is far but not too far away to drive and visit. Making it a good place to go visit during the spring, summer and fall seasons.



A hike at Devil's Lake this past summer.

# Vacations Increase Health

**Samantha Ramlow***Staff Writer*

It's a cold January day. Everyone at school is crabby and not getting anything done like always. What better time to leave for a vacation! Going on vacations benefits your body in multiple different ways most people probably don't even know. While vacationing, you can always expect hiccups though. This includes developing a deadly illness from your vacation and putting more stress on your body than you originally were in the first place. What's more worth it? Going on a vacation you'll never forget, or regretting not going anywhere ever because you were too scared.

Vacations can be extremely dangerous if you aren't aware of what serious illnesses are present in the destination you're traveling to. You can get into areas infested with yellow fever, malaria and so on if you aren't careful. But, did you know that traveling can actually improve your health? It can, and it can also decrease your chances of having a heart attack. Quoted in [CNN](#), the 1992 Framingham Heart Study tracked workers for over 20 years and found that "men who don't take vacations were 30% more likely to have a heart attack and for women it went up to 50%." Vacations do not only help your physical health, they also make a positive impact for your mental

Mentally, vacations can be very beneficial. Yet, at the same time, vacations can also cause a lot of stress. When someone's under a lot of stress, they can become less productive. With a vacation up and coming, I personally, want to get all of my work done before I go so that I don't have to worry about getting anything done while I'm gone, or once I return. One good thing that I have noticed about vacations is that they promote creativity. This is very helpful when coming up with ideas for art projects. Not only do vacations allow for greater creativity, it also helps with happiness. When someone's happy they are also usually more productive as well. According to an article on [Verywell Mind](#), "workers who take regular time to relax are less likely to experience burnout, making them more creative and productive than their overworked, under-rested counterparts." Burnout can have negative effects on employees and their businesses, therefore, making vacations more beneficial.

Keeping relationships strong and healthy is important and people may claim that vacations do the opposite and pull people apart because it's "too much time together." Actually, vacations have been proven to strengthen bonds and help people enjoy the good times and memories they have together more. According to [Verywell Mind](#), an Arizona study said that it was found that "women who took vacations were more satisfied with their marriages." Not only does this have to be marriages, it can be any relationship you're in. With all of the positives that come with traveling you'd be crazy not to give it a shot. January 29th is national "[plan a vacation day](#)" so step out of your comfort zone. Afterall, dying is inevitable, so you might as well spend the rest of the time you have left traveling to new places and trying new things.

# Travel Time With Kari Timm

**Kirstin Novak**  
staff writer

*Kari Timm, Palmyra-Eagle High School Principal shares her love of traveling with friends and family members. She enjoys traveling with lots of different people to predominantly warm locations. Timm began traveling more once she grew older and left home. Take a read for some of the best travel advice from your high school principal.*

## What is your favorite destination you have visited? and Why?

I'll pick two, so I went on the band trip to Washington DC and that was just awesome, um, band trips are a great way to travel because you get right to your spot, you get off, you go do what you want to do. Lots of cool stuff, monuments, and all that are really cool. So that's like my favorite vacation where i've done a lot of stuff and seen a lot of stuff. I go to Florida most years for spring break, I like that because it's relaxing and the sun and read books and you know, hang out and so they're very different types of vacations but those are probably my favorite two places I travel.

## How many states or countries have you been to?

I have only been out of the country three times, um, I have been to, never really have added up states, probably like 20 if you count like driving road trips and things like that so yeah I'd say probably 20. I've never been out east so like i've never been to Maine or anything like that like i've been to Carolinas and that part of things but i've never been like upper that way. But i've never spent any time in the middle of the country but there's not a whole lot in the middle of the country. I went to Mexico twice and I just went to Jamaica. I don't really like long plane rides so like Europe or Ireland or some place like that, it sounds really cool but...

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Photo courtesy Kari Timm

Kari Timm enjoys traveling to a variety of places.

# Camping at Devil's Lake

**Samantha Ramlow**  
Staff writer

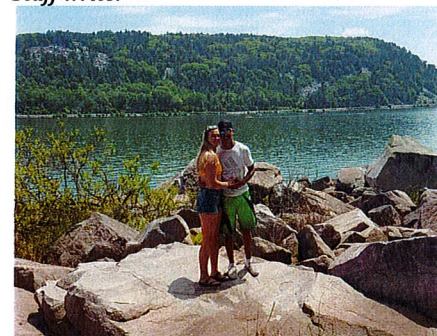


Photo courtesy Brian Navarro

Imagine hiking up steep, rigid rocks that happen to line up and form perfectly climbable stairs for hikers of any age. Once you reach the top, all you see for miles and miles are tall, bright green trees and a big blue lake in the center of it all, making it a perfect place for high school students to spend their summer.

Brian Navarro, a senior at PEHS, has trekked these trails and seen the views. Over the summer, he frequently went to visit Devil's Lake state park with his girlfriend, and made a few visits back that same summer.

Devil's Lake is a state park located in the state of Wisconsin. According to [Baraboo News Republic](#), Devil's Lake visitation has nearly increased by fifty percent from 2010 to 2016. With numbers continuing to increase, the DNR believes that they could see the number of visitors rise to almost 3 million annually.

See DEVIL'S LAKE on page 13

# Five Unique Vacations While in Wisconsin

**Kirstin Novak**  
Staff writer

## 1. Door County, Hiking, Biking, Beaches and more



doorcounty.com

Famous for their lighthouses, Door County is the "thumb" to the state of Wisconsin. Take short 2 day trip or make a whole week out of visiting the famous part of Wisconsin called Door County. If you are looking for a laid back vacation, visit some art galleries, go to a Door County famous fish boil, relax at a beach, or visit the many gift shops the area has to offer. If you are more adventurous, go on a bike ride in Peninsula State Park or on Washington Island, take a hike on Rock island,

go up to the peak of a lighthouse or rent a boat on lake Michigan. You will never be bored while you visit Door County because of the diversity of the area.

## 2. Wilton, Kickapoo River and the Elroy Sparta Bike Trail



paddling.com

Visiting the hilly terrain near Wilton will not disappoint you for your family to stay occupied. It is the best location for camping, such as the Tunnel Trail Campground that is located right on the Elroy Sparta Bike trail. The route is an old railway that runs from Elroy to Sparta WI and travels through different tunnels with one reaching a mile long.

On top of the biking, enjoy some kayaking or canoeing on the kickapoo river. Along the river there are many rental places just in case you do not own your own equipment. The businesses also offer free transportation to your beginning and ending points for our assistance. Enjoy your perfect camping location with tons to do in Wilton, WI.

## 3. Wisconsin Dells



Wisdells.com

As most Wisconsinites know, the Wisconsin Dells is the place to visit for a quick easy weekend getaway.

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