



March Lunch Menu

Palmyra Eagle Area Schools
















Monday

Tuesday

Wednesday

Thursday

Friday

<p>Elementary Lunches for March: 17 days x \$2.60 = \$44.20</p> <p>MS & HS Lunches for March: 17 days x \$2.85 = \$48.45</p>	<p>To the best of our knowledge, items containing peanuts are marked with an *.</p>  <p>This institution is an equal opportunity provider.</p>	<p>All Lunches served with a choice of milk: Skim White, Skim Chocolate or 1% White</p>  <p>Menu subject to change without notice.</p>	<p>1</p> <p>Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream OR</p> <p>Beef and Bean Burrito</p> <p>Refried Beans, Corn Niblets</p> <p>Mandarin Oranges</p> 	<p>2</p> <p>Cheese Stuffed Pizza Dippers</p> <p>OR</p> <p>Hot Dog or Chili Dog on WG Bun</p> <p>Salad with Choice of Dressings</p> <p>Cherry Tomatoes, Ital. Blend Veg.</p> <p>Diced Apricots</p>
<p>5</p> <p>Hamburger or Cheeseburger</p> <p>OR</p> <p>BBQ Rib on a Whole Grain Bun</p> <p>Oven Baked French Fries</p> <p>Steamed Green Beans, Fresh Baby Carrots, Pineapple Tidbits</p> 	<p>6</p> <p>Chicken Nuggets w/ Breadstick</p> <p>OR</p> <p>Sloppy Joe on a Whole Grain Bun</p> <p>Mashed Potatoes with Gravy</p> <p>Acorn Squash, Fresh Broccoli</p> <p>Dried Cranberries</p> 	<p>7</p> <p>Chicken Fajitas w/ Lettuce, Salsa, Tomatoes, Cheese, Sour Cream</p> <p>OR</p> <p>Whole Grain Chili Cheese Wrap</p> <p>Spanish Rice, Refried Beans</p> <p>Corn Niblets, Blueberries</p>	<p>8</p> <p>Tony's Pepperoni Pizza</p> <p>OR</p> <p>Sweet and Sour Chicken over Brown Rice, Salad with Choice of Dressings, Cherry Tomatoes, Fresh Cauliflower, Strawberries & Bananas</p> 	<p>9</p> <p>WG Waffle Stick with Omelet</p> <p>OR</p> <p>Breakfast Pizza</p> <p>Crispy Tater Tots</p> <p>Steamed Carrot Coins, Celery</p> <p>Fruit Cocktail</p> 
<p>12</p> <p>Pizza Burger on Whole Grain Bun</p> <p>OR</p> <p>Chicken Rings w/ WG Roll</p> <p>Crispy Tater Tots</p> <p>Baked Beans, Cherry Tomatoes</p> <p>Tropical Fruit Cup</p> 	<p>13</p> <p>Creamy Chicken Alfredo over Whole Grain Pasta w/ Breadstick</p> <p>OR</p> <p>Mini Corn Dogs</p> <p>Steamed Broccoli, Three Bean Salad, Caulif. & Chilled Peaches</p> 	<p>14</p> <p>Grilled Chicken Patty on WG Bun</p> <p>OR</p> <p>Hamburger or Cheeseburger</p> <p>Potato Triangles</p> <p>Green Beans, Tomato Slices</p> <p>Cinnamon Apple Slices</p> 	<p>15</p> <p>Salisbury Steak w/ WG Roll</p> <p>OR</p> <p>Breaded Pork Chopette w/ Roll</p> <p>Mashed Potatoes with Gravy</p> <p>WI Blend Veggies(& Squash-HS)</p> <p>Fresh Brocc & Mandarin Oranges</p>	<p>16</p> <p>Gilardi's Cheese Pizza</p> <p>OR</p> <p>Spaghetti & Meatballs w/ WG Roll</p> <p>Salad with Choice of Dressings</p> <p>*Celery w/ PB, Mixed Veggies</p> <p>Chilled Pears</p> 
<p>19</p> <p>Beef Ravioli with WG Roll</p> <p>OR</p> <p>Cheese Stuffed Pizza Dippers</p> <p>Spinach Salad w/ Dressings</p> <p>Celery Stix & Baby Carrots</p> <p>Pineapple Tidbits</p>	<p>20</p> <p>Italian Meatball Sub on WG Bun</p> <p>OR</p> <p>Breaded Chicken Nuggets w/Roll</p> <p>Chicken Flavored Brown Rice</p> <p>Steamed Peas, Tomato & Corn Salad, Cinnamon Apple Slices</p>	<p>21</p> <p>Beef Stroganoff over Whole Grain Pasta w/ WG Breadstick</p> <p>OR</p> <p>Hot Dog on a Whole Grain Bun</p> <p>Green Beans, Fresh Cauliflower</p> <p>Red & Green Peppers & Grapes</p>	<p>22</p> <p>WG Pancakes w/ Cheese</p> <p>Omelet OR</p> <p>Grilled Chicken Patty on WG Bun</p> <p>Hashbrowns, Steamed Cauliflower</p> <p>Cucumber Slices</p> <p>Raisins, Orange Juice</p> 	<p>23</p> <p>Breaded Chicken Patty on Bun</p> <p>OR</p> <p>Fish Sticks with WG Breadstick</p> <p>Spicy Curly Fries</p> <p>Vegetarian Baked Beans</p> <p>Baby Carrots, Blueberries</p> 
<p>26</p>	<p>27</p>	<p>28</p>	<p>29</p>	<p>30</p>

