



# March Lunch Menu

Palmyra Eagle Area Schools



**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

<p>Elementary Lunches for March: 23 days x \$2.50 = \$57.50</p> <p>MS &amp; HS Lunches for March: 23 days x \$2.75 = \$63.25</p>	<p>To the best of our knowledge, items containing peanuts are marked with an *.</p> <p>This institution is an opportunity provider.</p> 	<p>1</p> <p>Mini Corn Dogs </p> <p>OR</p> <p>Cheese Quesadilla Pizza Baked Potato Wedges Steamed Peas, Baby Carrots Mixed Fruit</p>	<p>2</p> <p>Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream</p> <p>OR</p> <p>Beef and Bean Burrito Refried Beans, Corn Niblets Mandarin Oranges </p>	<p>3</p> <p>Cheese Stuffed Pizza Dippers</p> <p>OR</p> <p>Hot Dog or Chili Dog on WG Bun Salad with Choice of Dressings Cherry Tomatoes, Ital. Blend Veg. Diced Apricots</p>
<p>6</p> <p>Hamburger or Cheeseburger</p> <p>OR</p> <p>BBQ Rib on a Whole Grain Bun Oven Baked French Fries Steamed Green Beans, Fresh Baby Carrots, Pineapple Tidbits</p>	<p>7</p> <p>Chicken Nuggets w/ Breadstick</p> <p>OR</p> <p>Sloppy Joe on a Whole Grain Bun Mashed Potatoes with Gravy Acorn Squash, Fresh Broccoli Dried Cranberries </p>	<p>8</p> <p>Chicken Fajitas w/ Lettuce, Salsa, Tomatoes, Cheese, Sour Cream</p> <p>OR</p> <p>Whole Grain Chili Cheese Wrap Spanish Rice, Refried Beans Corn Niblets, Strawberries</p>	<p>9</p> <p>WG Waffle Stick with Omelet</p> <p>OR</p> <p>Breakfast Pizza </p> <p>Crispy Tater Tots Steamed Carrot Coins, Cauliflower Fruit Cocktail</p>	<p>10</p> <p>Fun Fish with WG Breadstick</p> <p>OR</p> <p>Breaded Chicken Patty on a Bun Macaroni and Cheese California Bl. Veg, Celery, Cukes, Peaches</p>
<p>13</p> <p>Pizza Burger on Whole Grain Bun</p> <p>OR</p> <p>Chicken Rings w/ WG Roll Crispy Tater Tots Baked Beans , Cherry Tomatoes Tropical Fruit Cup </p>	<p>14</p> <p>Creamy Chicken Alfredo over Whole Grain Pasta w/ Breadstick</p> <p>OR</p> <p>Mini Corn Dogs Steamed Broccoli, Three Bean Salad, Caulif. &amp; Chilled Peaches</p>	<p>15</p> <p>Grilled Chicken Patty on WG Bun</p> <p>OR</p> <p>Hamburger or Cheeseburger Potato Triangles </p> <p>Green Beans, Tomato Slices Cinnamon Apple Slices</p>	<p>16</p> <p>Salisbury Steak w/ WG Roll</p> <p>OR</p> <p>Breaded Pork Chopette w/ Roll Mashed Potatoes with Gravy WI Blend Veggies(&amp; Squash-HS Fresh Brocc &amp; Mandarin Oranges</p>	<p>17</p> <p>Gilardi's Cheese Pizza</p> <p>OR</p> <p>Spaghetti &amp; Meatballs w/ WG Roll Salad with Choice of Dressings *Celery w/ PB, Mixed Veggies Chilled Pears </p>
<p>20</p> <p>Beef Ravioli with Garlic Bread</p> <p>OR</p> <p>Cheese Stuffed Pizza Dippers Spinach Salad w/ Dressings Celery Stix &amp; Baby Carrots </p> <p>Pineapple Tidbits</p>	<p>21</p> <p>Italian Meatball Sub on WG Bun</p> <p>OR</p> <p>Breaded Chicken Nuggets w/Roll Chicken Flavored Brown Rice Steamed Peas, Tomato &amp; Corn Salad, Cinnamon Apple Slices</p>	<p>22</p> <p>Breaded Chicken Patty on Bun</p> <p>OR</p> <p>Fun Fish with WG Breadstick Spicy Curly Fries Vegetarian Baked Beans Baby Carrots, Blueberries </p>	<p>23</p> <p>Beef Stroganoff over Whole Grain Pasta w/ WG Breadstick</p> <p>OR</p> <p>Hot Dog on a Whole Grain Bun Green Beans, Fresh Cauliflower Red &amp; Green Peppers &amp; Grapes</p>	<p>24</p> <p>WG French Toast w/ Omelet</p> <p>OR</p> <p>Breakfast Pizza Crispy Tater Tots, Steamed Peas , *Celery w/ PB Applesauce with Cinnamon</p>
<p>27</p> <p>Egg, Ham &amp; Cheese on a Bun</p> <p>OR</p> <p>Stuffed Crust Pizza Sweet Potato Fries, Edamame (soy beans), Baby Carrots, Brocc. Red Delicious Apple</p>	<p>28</p> <p>Tony's Pepperoni Pizza</p> <p>OR</p> <p>Sweet and Sour Chicken over Brown Rice , Salad with Choice of Dressings, Cherry Tomatoes, Fresh Cauliflower, Strawberries &amp; Bananas </p>	<p>29</p> <p>Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream</p> <p>OR</p> <p>Beef and Bean Burrito Refried Beans, Corn Niblets Diced Pears</p>	<p>30</p> <p>WG Pancakes w/ Cheese Omelet</p> <p>OR</p> <p>Grilled Chicken Patty on WG Bun Hashbrowns, Steamed Cauliflower Cucumber Slices Raisins, Orange Juice </p>	<p>31</p> <p>State Fair Corn Dog</p> <p>OR</p> <p>*PB&amp;J Uncrustables Tomato Soup Fresh Baby Carrots, Green Beans Pasta Salad &amp; Applesauce Cups</p>