



February Lunch Menu



Palmyra Eagle Area Schools

Monday

Tuesday

Wednesday

Thursday

Friday

		<p>1 Hamburger or Cheeseburger OR BBQ Rib on a Whole Grain Bun Oven Baked French Fries Steamed Green Beans, Fresh Baby Carrots, Pineapple Tidbits</p>	<p>2 Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream OR Beef and Bean Burrito Refried Beans, Corn Niblets Mandarin Oranges </p>	<p>3 Mini Corn Dogs OR Quesadilla Pizza Baked Potato Wedges Steamed Peas, Cucumber Slices Mixed Fruit</p>
<p>6 Tony's Pepperoni Pizza OR Sweet and Sour Chicken over Brown Rice , Salad with Choice of Dressings, Cherry Tomatoes, Fresh Cauliflower, Strawberries & Bananas</p>	<p>7 Chicken Nuggets w/ Breadstick OR Sloppy Joe on a Whole Grain Bun Mashed Potatoes with Gravy Acorn Squash, Fresh Broccoli Dried Cranberries </p>	<p>8 WG French Toast w/ Omelet OR Breakfast Pizza Crispy Tater Tots, Steamed Green Beans , *Celery w/ PB Applesauce with Cinnamon</p>	<p>9 Cheese Stuffed Pizza Dippers OR Hot Dog or Chili Dog on WG Bun Salad with Choice of Dressings Cherry Tomatoes, Ital. Blend Veg. Diced Apricots </p>	<p>10 Breaded Chicken Patty on Bun OR Fun Fish with WG Breadstick Spicy Curly Fries Vegetarian Baked Beans Baby Carrots, Blueberries </p>
<p>13 Grilled Chicken Patty on WG Bun OR Hamburger or Cheeseburger Potato Triangles Steamed Broccoli, Tomato Slices Cinnamon Apple Slices</p>	<p>14 Beef Stroganoff over Whole Grain Pasta w/ WG Breadstick OR Hot Dog on a Whole Grain Bun Green Beans, Fresh Cauliflower Red & Green Peppers & Grapes</p>	<p>15 Salisbury Steak w/ WG Roll OR Breaded Pork Chopette w/ Roll Mashed Potatoes with Gravy WI Blend Veggies(& Squash-HS Fresh Brocc & Mandarin Oranges</p>	<p>16 Chicken Fajitas w/ Lettuce, Salsa, Tomatoes, Cheese, Sour Cream OR Whole Grain Chili Cheese Wrap Spanish Rice, Refried Beans Corn Niblets, Strawberries </p>	<p>17 Gilardi's Cheese Pizza OR Spaghetti & Meatballs w/ WG Roll Salad with Choice of Dressings *Celery w/ PB, Mixed Veggies Chilled Pears</p>
<p>20 State Fair Corn Dog OR *PB&J Uncrustables Cream of Potato Soup Fresh Baby Carrots, Green Beans Pasta Salad & Applesauce Cups</p>	<p>21 Pizza Burger on Whole Grain Bun OR Chicken Rings w/ WG Roll Crispy Tater Tots Baked Beans , Cherry Tomatoes Tropical Fruit Cup </p>	<p>22 Creamy Chicken Alfredo over Whole Grain Pasta w/ Breadstick OR Mini Corn Dogs Steamed Broccoli, Three Bean Salad, Caulif. & Chilled Peaches</p>	<p>23 Beef Ravioli with Garlic Bread OR Cheese Stuffed Pizza Dippers Spinach Salad w/ Dressings Celery Stix & Baby Carrots Pineapple Tidbits </p>	<p>24 BBQ Meatball Sub on WG Bun OR Breaded Chicken Nuggets w/Roll Chicken Flavored Brown Rice Steamed Peas, Tomato & Corn Salad, Cinnamon Apple Slices</p>
<p>27 No School</p>	<p>28 Fun Fish with WG Breadstick OR Breaded Chicken Patty on a Bun Macaroni and Cheese California Bl. Veg, Celery, Cukes, Peaches</p>	<p>Elementary Lunches for Feb.: 19 days x \$2.50 = \$47.50 MS & HS Lunches for Feb.: 19 days x \$2.75 = \$52.25</p>	<p>To the best of our knowledge, items containing peanuts are marked with an *. This institution is an equal opportunity provider.</p>	<p>All Lunches served with a of milk: Skim White, Skim Chocolate or 1% White Menu subject to change without notice.</p>