



December Lunch Menu



Palmyra Eagle Area Schools

Monday

Tuesday

Wednesday

Thursday

Friday

				<p>1 WG Waffle Stick with Omelet OR Grilled Chicken on WG Bun Crispy Tater Tots Steamed Carrot Coins, Broccoli Fruit Cocktail</p>
<p>4 Soft Shell Tacos w/ Lettuce, Salsa Tomatoes, Cheese, Sour Cream OR Beef and Bean Burrito Refried Beans, Corn Niblets Diced Pears</p>	<p>5 Tony's Pepperoni Pizza OR Sweet and Sour Chicken over Brown Rice , Salad with Choice of Dressings, Cherry Tomatoes, Broccoli, Strawberries & Bananas</p>	<p>6 WG French Toast w/ Omelet OR Breakfast Pizza Potato Smiles, Steamed Green Beans , *Celery w/ PB Applesauce with Cinnamon</p>	<p>7 Chicken Nuggets w/ Breadstick OR Sloppy Joe on a Whole Grain Bun Mashed Potatoes with Gravy Acorn Squash, Fresh Broccoli Dried Cranberries</p>	<p>8 Hamburger or Cheeseburger OR BBQ Rib on a Whole Grain Bun Oven Baked French Fries Steamed Carrot Coins, Fresh Caulifl. and Pineapple Tidbits</p>
<p>11 Gilardi's Cheese Pizza OR Spaghetti & Meatballs w/ WG Roll Salad with Choice of Dressings Cucumber Slices, Mixed Veggies Cinnamon Apple Slices</p>	<p>12 Chicken Fajitas w/ Lettuce, Salsa, Tomatoes, Cheese, Sour Cream OR Whole Grain Chili Cheese Wrap Spanish Rice, Refried Beans Corn Niblets, Mixed Fruit</p>	<p>13 Salisbury Steak w/ WG Roll OR Breaded Pork Chopette w/ Roll Mashed Potatoes with Gravy WI Blend Veggies(& Squash-HS Fresh Brocc & Mandarin Oranges</p>	<p>14 Fish Sticks with WG Breadstick OR Breaded Chicken Patty on a Bun Macaroni and Cheese California Blend Vegetables Celery , Baby Carrots, Peaches</p>	<p>15 Beef Stroganoff over Whole Grain Pasta w/ WG Breadstick OR Hot Dog on a Whole Grain Bun Steamed Peas, Fresh Cauliflower Red & Green Peppers & Grapes</p>
<p>18 Pizza Burger on Whole Grain Bun OR Chicken Nuggets w/ WG Roll Crispy Tater Tots Baked Beans , Fresh Broccoli Tropical Fruit Cup</p>	<p>19 Creamy Chicken Alfredo over Whole Grain Pasta w/ Breadstick OR Mini Corn Dogs Steamed Broccoli, Three Bean Salad, Caulif. & Chilled Peaches</p>	<p>20 Egg, Ham & Cheese on a Bun OR Stuffed Crust Pizza Sweet Potato Fries, Edamame (soy beans), Corn & Tom. Salad Red Delicious Apple</p>	<p>21 Cheese Stuffed Pizza Dippers OR Hot Dog or Chili Dog on WG Bun Salad with Choice of Dressings Cherry Tomatoes, Ital. Blend Veg. Diced Apricots</p>	<p>22 State Fair Corn Dog OR *PB&J Uncrustables Campbell's Tomato Soup Fresh Baby Carrots, Green Beans Pasta Salad & Applesauce Cups</p>
		<p>Elementary Lunches for Dec.: 16 days x \$2.60 = \$41.60 MS & HS Lunches for Dec.: 16 days x \$2.85 = \$45.60</p>	<p>To the best of our knowledge, items containing peanuts are marked with an *. This institution is an equal opportunity provider.</p>	<p>All Lunches served with a choice of milk: Skim White, Skim Chocolate or 1% White Menu subject to change without notice.</p>